



## **MISSION, VISION and PHILOSOPHY**

### **MISSION**

Snohomish United soccer is here to develop youth players on and off the pitch. United is committed to providing athletes the opportunity to develop skills essential to positive growth in the sport of soccer and to inspire each player to a lifelong enjoyment of the game. Coaches not only will develop players in the technical, tactical, physical, and psychological components of the game, they will also teach the importance of commitment, good sportsmanship, teamwork, respect for self and others, and an ability to learn from both winning and losing. Our United Coaches partners with parents and players to achieve these goals, realizing that only through commitment, hard work, and execution will we "win" both on and off the playing field.

### **PHILOSOPHY**

Player Development is the primary objective of Snohomish United. This development breaks down into four components: Technical, Tactical, Physical, and Psychological. As the age level increases, different components are stressed.

**Technical growth:** The individual ability to handle the ball consists of: dribbling, passing, receiving, shooting, heading, and goal keeping. A solid Technical foundation increases the players' ability to understand the Tactical aspects of the game.

**Tactical awareness:** A player must understand when to apply the appropriate technique based on the demands placed upon them by their opponents. Tactical awareness is a players understanding of a system of play or strategy. As a player progresses through age groups, Tactical play becomes a major component of our teaching.

**Physical ability:** Soccer is a demanding physical sport, and each player will need to obtain a certain level of fitness. A majority of this fitness training takes place in the actual training exercises. Physical fitness determines a lot in the game of soccer. When players become physically tired, they become mentally tired. When they become mentally tired they can no longer perform the technical skills needed. When players lose their technical ability, their tactics disappears.

**Psychological understanding:** How a player reacts to certain situations can either help or hurt the overall team effort. Our goal is to focus on the present. Soccer is a game of mistakes. This is how we learn. We will work to focus all of our players energies in a positive manner, and on things they can control.

### **VISION**

Snohomish United strives to be a World Class soccer program through the development, progress and growth of our youth players. We want to prepare our players for the physical, mental and emotional complexities of the game, as well as, the disciplines and responsibilities for life after soccer.