



Snohomish Youth Soccer U10 Development Programs *U10 Academy & Center of Excellence Program's*

Introduction

Our U10 player education programs have been created to assist us to further identify and develop our players who are between 7-9 years of age. These players are placed in the most modern learning environment to receive the highest level of age appropriate coaching and training available in the state.

U10 Development Programs

The U10 Development Programs are the single best local and regional training environments for a young player to grow and develop. Our players will be training with similar focused driven youngsters and will play against the best U10 players in the state (U10 Academy Level).

The purpose and objective of these programs are to create an infra-structure to identify and train the best players at the youth level, then move those players to an even higher competitive arena, our U11 premier level programs.

Our U10 development programs are not and were not designed for the masses and they are not tailored for a large amount of players.

- The U10 Academy program which is for players 8 & 9 year old players will have a maximum of 20 players per gender.
- The Center of Excellence program which is for 7 year old players will have a maximum of 16 players per gender.

These programs are key for our longevity and will effectively assist in progressing our players' individual technical proficiency on and off the ball, whilst creating a real feeling of being part of something tangible and exciting.

U10 Development Priorities:

1. Evaluate Performance
2. Holistic Player Development
 - a. Technical Skills
 - b. Psychological Skills
 - c. Competitiveness
 - d. Small Group Tactical Awareness
 - e. Physiological Qualities
3. Game Awareness
4. Club philosophy understanding

“Our U10 development programs create the single best Opportunity to develop as a Player.”

- Gary White, Snohomish Youth Soccer, Technical Director