




## Snohomish Youth Soccer Center of Excellence Program

 <b>Center of Excellence Program 2009/10 Overview and Cycle</b> Compiled by Gary White – Snohomish Youth Soccer Club Technical Director	
Section	Description
<b>Program Overview</b>	<p>This program has been designed for players 7 year olds. We consider this age group the ‘Golden Age’ of player development, where the players’ increased capacity for learning and endless enthusiasm makes for an extremely fulfilling experience for players and coaches alike.</p> <p>This age marks a crucial stage for cementing a technical foundation. We must pay careful attention to the training and development of this age group and our long term impact cannot be overstated.</p> <p>This program is the starting point of our club culture, and our soul. We need to begin these roots here, we must introduce our player development philosophy, so our parents, players and coaches can embrace being part of something exciting, educational, successful and most importantly fun.</p> <p>The cost of this program is \$200 per player.</p>

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Cycle	May	June	July	August	September	October
Player Pools Developed		Two (2) training sessions per week	Two (2) training sessions per week	Two (2) training sessions per week	All Players return to SYSC Recreational League Soccer	SYSC Recreational League Soccer
16 Players per Gender		Two (2) games per month	Two (2) games per month	Two (2) games per month  One (1) Tournament		
November	December	January	February	March	April	
Indoor Training – One (1) time per week	December Off	January Off	Indoor Training – One (1) time per week	Two (2) training sessions per week  Two (2) games per month	U10 Academy Cycle Begins	